

## CLAIMS

1. A cosmetic composition which comprises sodium ions,  
potassium ions, calcium ions, magnesium ions, chlorine ions  
5 and  $\text{HCO}_3$  ions in a molar concentration proportion equal to  
that in the extracellular fluid of mammals, and further  
comprises glucose in a concentration of 0.05 to 0.15 mol/L  
and sodium glutamate in a concentration of 0.01 to 0.03  
mol/L.

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2. The composition according to Claim 1, which is a skin-  
lightening cosmetic.

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3. The composition according to Claim 1, which is a  
cosmetic for skin rejuvenation.

4. The composition according to Claim 1, which is an  
aqueous solution.